

MAY 2022 Lewistown Public Schools SECONDARY Menu

MONDAY May 2	TUESDAY May 3	WEDNESDAY May 4	THURSDAY May 5	FRIDAY May 6
<p><u>LUNCH</u></p> <p>MEATBALLS MACARONI & CHEESE PEAS BROCCOLI & CAULIFLOWER PEACHES (GR 9-12) WHOLE GRAIN BREADSTICK</p> <p>ALTERNATE: PIZZA</p>	<p><u>LUNCH</u></p> <p>CHEESE OR PEPPERONI PIZZA GARDEN SALAD CUCUMBERS MELON WEDGE CHOCOLATE CHIP COOKIE</p> <p>ALTERNATE: HAMBURGER ON A BUN</p>	<p><u>LUNCH</u></p> <p>WHOLE GRAIN CORNDOG POTATO SMILES CALICO BEANS BANANA</p> <p>ALTERNATE: PHILLY CHEESESTEAK</p>	<p><u>LUNCH</u></p> <p>BAKED HAM WHOLE GRAIN ROLL AU GRATIN POTATOES MIXED VEGGIES APPLE WEDGES</p> <p>ALTERNATE: CHICKEN SANDWICH</p>	<p><u>LUNCH</u></p> <p>HAMBURGER ON A BUN LETTUCE & TOMATO SLICE CRINKLE CUT FRIES FRESH FRUIT BROWNIE</p> <p>ALTERNATE: PIZZA</p>



Scan the QR code above to view the current menu on your mobile device!

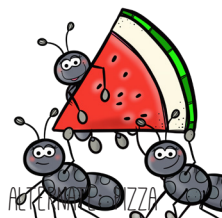
Looking to Next Year ...

For the last 2 years, LPS meals were free as part of a Covid relief program. Funding for this program will end this year. Please be aware that if you need assistance paying for meals next year, you will need to fill out a Free and Reduced Application in the Fall of 2022. Applications will be sent home with students in September or you can fill one out online. Thank you!

MONDAY May 9	TUESDAY May 10	WEDNESDAY May 11	THURSDAY May 12	FRIDAY May 13
 <p>NO SCHOOL</p>	<p><u>LUNCH</u></p> <p>HOT HAM & CHEESE ON A BUN CALICO FRIES CREAMY COLESLAW PEAR WEDGE RICE KRISPIE TREAT</p> <p>ALTERNATE: HAMBURGER ON A BUN</p>	<p><u>LUNCH</u></p> <p>BEEF, BEAN & CHEESE BURRITO WITH SALSA CORN GARDEN SALAD CINNAMON APPLES</p> <p>ALTERNATE: CHEESY BREADSTICKS</p>	<p><u>LUNCH</u></p> <p>COUNTRY-FRIED STEAK MASHED POTATOES WITH GRAVY CARROTS & CUCUMBERS STRAWBERRY CUP CINNAMON BUN</p> <p>ALTERNATE: CHICKEN SANDWICH</p>	<p><u>LUNCH</u></p> <p>TOASTED CHEESE SANDWICH (GR 9-12) YOGURT TOMATO SOUP WITH CRACKERS BROCCOLI & CELERY STICKS BUNCHES OF GRAPES</p> <p>ALTERNATE: PIZZA</p>

MONDAY May 16	TUESDAY May 17	WEDNESDAY May 18	THURSDAY May 19	FRIDAY May 20
<p><u>LUNCH</u></p> <p>SPAGHETTI GARDEN SALAD PEPPER STRIPS & CUCUMBERS APPLE WEDGES WHOLE GRAIN GARLIC TOAST</p> <p>ALTERNATE: PIZZA</p>	<p><u>LUNCH</u></p> <p>CHICKEN POT PIE POTATO WEDGES BROCCOLI & CAULIFLOWER KIWI</p> <p>ALTERNATE: HAMBURGER ON A BUN</p>	<p><u>LUNCH</u></p> <p>CHICKEN NOODLE SOUP CHEESE STICK BABY CARROTS & CELERY BITES MANDARIN ORANGES CHOCOLATE CAKE</p> <p>ALTERNATE: PHILLY CHEESESTEAK</p>	<p><u>LUNCH</u></p> <p>CHICKEN NUGGETS WITH DIPPIN' SAUCE POTATO SMILES GREEN BEANS STRAWBERRIES & BANANAS</p> <p>ALTERNATE: CHICKEN SANDWICH</p>	<p><u>LUNCH</u></p> <p>HAMBURGER ON A BUN POTATO SALAD SUN CHIPS PEPPER STRIPS & CARROTS PEACH CUP</p> <p>ALTERNATE: PIZZA</p>



MONDAY May 23	TUESDAY May 24	WEDNESDAY May 25	THURSDAY May 26	FRIDAY May 27
<p>LUNCH</p> <p>NACHOS WITH WHOLE GRAIN CHIPS CHEESY BREADSTICK CORN BROCCOLI & CAULIFLOWER CLEMENTINE, CEREAL BAR</p> <p>ALTERNATE: PIZZA</p>	<p>LUNCH</p> <p>CHICKEN LO MEIN CHOW MEIN NOODLES BABY CARROTS BUNCH OF GRAPES</p> <p>ALTERNATE: HAMBURGER ON A BUN</p>	<p>LUNCH</p> <p>CHICKEN ENCHILADAS BEAN DIP WITH WHOLE GRAIN CHIPS GARDEN SALAD BANANA, BLONDE BROWNIE</p> <p>ALTERNATE: CHEESY BREADSTICKS</p>	<p>LUNCH</p> <p>CHEESE RAVIOLI & SAUSAGE PEAS TROPICAL FRUIT SALAD WHOLE GRAIN DINNER ROLL</p> <p>ALTERNATE: CHICKEN SANDWICH</p>	<p>LUNCH</p> <p>BLUE & GOLD SACK LUNCH!</p>  <p>ALTERNATE: PIZZA</p>

SCHOOL MEALS

Breakfast
Adult \$2.00

LUNCH
Adult \$4.00

THE best buy
in town!

Silly Summer Goals Mad-Lib

I could hardly believe it! School was over and there were _____ days of summer vacation to look forward to! I couldn't wait to _____ with my friends, _____ in, and take a road trip to _____. Of course, my _____ don't want me to waste the summer _____ TV or playing on my device, so they helped me come up with a few summer goals:

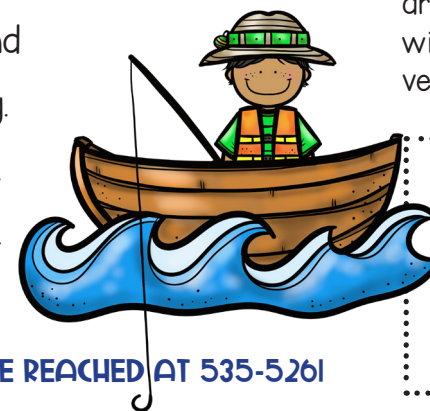
1. Read _____.
 2. Practice my _____ for _____ minutes each morning.
 3. Drink plenty of _____ and learn to eat _____ food.
 4. Start my own _____ garden.
 5. Practice _____ the _____ and learn to _____ a(n) _____ song.
 6. Go _____-watching with _____.
 7. Learn to slam-dunk a _____ on a _____-foot hoop.
- This is going to be one _____ summer!

Milk is served with each meal, including both breakfast and lunch.



Milk Choice: 8-ounce serving of fat-free chocolate, fat-free white or 1% white milk

Reduced fat or non-fat dressing is served with salads and fresh vegetables.



Menu subject to change due to price and availability of products