



LEWISTOWN JUNIOR HIGH SCHOOL

914 West Main Street, Lewistown, MT 59457 – (406) 535-5419 – www.lewistown.k12.mt.us

ANNUAL ACTIVITIES REPORT 2019-2020

SUBMITTED BY:
SCOTT DUBBS, PRINCIPAL

Lewistown Junior High athletics completed its third year as a part of a junior high school league based around the Billings area. The league is comprised of Laurel, Lockwood, and Hardin but also includes games those schools may include in competition. The change three years ago provided an opportunity for our teams to play schools similar in enrollment. Our schedule requires volleyball, football, and basketball teams to travel three times to Billings and have only one home game here in Lewistown. At times, those competitions include Billings area Class B schools, but also included Sheridan and/or Gillette, Wyoming. In addition to those league competitions, we played home and away games with St. Francis (Billings Central) in almost all sports.

Co-Athletic Directors Jim Daniels and Matt Donaldson continue to organize and operate athletic programs. Jim's role focuses mainly on scheduling and staffing while Matt's role is one of organizing and supporting our home sporting events, awards and inventory of supplies and uniforms. In addition, we are indebted to our many coaches throughout the year, both head and assistant, paid and volunteer. All provided excellent guidance for our programs and we can only hope we maintain them on staff in the future.

The Junior High continues to require athletes to complete the ImPACT concussion baseline test prior to participating in practice. It has worked well to have Laurie Ray from CMMC will be conduct the test a week before the first practices. This change assured that every athlete takes the test and understands the importance of setting an accurate baseline that can be referenced by doctors in the case of a possible concussion. Next fall we will follow up the fall sport's test a testing session in the first weeks of school to assess remaining students.

Two years ago our school moved wrestling to the fall instead of the winter. This move was made to align with a number of similar schools and the previous season gave our athletes only a couple weeks before we hosted the state middle school tournament. The fall season will also resolve the conflict with local club wrestling seasons.

Participants in each sport are recognized through a winter and spring sport's recognition assemblies. Enrollment at the Junior High was better than the past, which resulted in excellent participation numbers, especially at the 8th grade level.

On a positive note, our activities were very successful. Several teams were undefeated, several teams won their league championships and there were numerous individual champions in their various events. Of note is the successes of the 7th grade girls and the 8th grade boys who were both champions in their fall and winter sports. Below is a participation summary for each sport:

Football

Season: August 17 to October 12

Troy Henderson - Head Coach (sixth year)

Dylan Buehler - First Assistant Coach – 7th grade coach

Caleb Uhler- Assistant Coach – 8th grade

Mike Mangold - Assistant Coach – 7th grade

Matt Donaldson – Volunteer Coach

Participation:

7th grade – 15 athletes, 41% of boys

8th grade – 24 athletes, 44% of boys

Cross Country

Season: August 19 to October 5

Nicole Wichman – Head Coach (first year)

Misti Birdwell – Volunteer Coach

Participation:

7th grade boys – 6 athletes, 16%

7th grade girls – 5 athletes, 12%

8th grade boys – 1 athletes, 2%

8th grade girls – 3 athletes, 6%

Girls Volleyball

Season: August 17 to October 12

Emily Burk – Head Coach (first year)

Gina Armstrong – First Assistant

Mikala Olson- Assistant

Participation:

7th grade – 17 athletes, 40%

8th grade – 22 athletes, 42%

Girl's Basketball

Season: October 14 to December 7

Lee Crouse – Head Coach (third year)

Sherry Breidenbach – First Assistant

Nicole Wichman- Assistant

Steve Foran – Volunteer Assistant

Participation:

7th grade – 15 athletes, 35%

8th grade – 15 athletes, 28%

Boy's Basketball

Season: January 2 to February 10

Matt Donaldson – Head Coach (third year)

Kyle Trafton – First Assistant

Banner Hecht- Assistant

Scott Dubbs – Volunteer Assistant

Participation:

7th grade – 11 athletes, 30%

8th grade – 16 athletes, 29%

Wrestling

Season: October 14 to December 7

Tim Nefsgger – Head Coach (second year)

Brendon DeCock - Assistant

Participation:

7th grade – 0 athletes, 0%

8th grade – 9 athletes, 16%

Track and Field

Season: March 23 to May 9

Emmylyn Bentley – Head Coach (second year)

Mariah Patterson – First Assistant

Julianna Parker – Assistant

Sean Kepler – Volunteer Assistant

Participation – practice voluntary on at home basis, season cancelled ultimately by the pandemic:

Cheerleading

Season: September 4 to March

Rayna Phelps – Head Coach (first year)

Participation:

7th grade – 5 girls, 16%

8th grade – 9 girls, 17%

– 2 boys, 4%

Equipment Purchases – Cheerleading uniforms and cheerleading mats (with help from the Eagle Boosters) were both purchased, as well as Football practice pants for the 2019-2020 seasons. After the season, Volleyball uniforms were purchased for next school year.